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3 Title: Support for Mental Health Reform in Michigan
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5 Introduced by: Miriam Bareman for the Medical Student Section
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8 Reena Pullukat
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10 Referred to: Reference Committee B
11
12 House Action: **REFERRED**
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14
15 Whereas, 18.3 percent of all Americans report at least one mental health disorder in any given
16 year^{1,2}, and
17

18 Whereas, the National Institute of Mental Health states there are huge barriers to mental health
19 care, including finances and lack of providers, which leave many patients without any treatment for their
20 mental health conditions^{3,4}, and
21

22 Whereas, the majority of Michigan physicians believe their patients have inadequate access to
23 mental health services, including children, adults, and patients with substance abuse disorders⁵, and
24

25 Whereas, Michigan ranks 42nd out of all states in regards to capacity of inpatient psychiatric beds
26 with only 40.4 beds per 100,000 people⁶, and
27

28 Whereas, the Michigan Department of Health and Human Services documented a three-fold
29 increase in unemployment rates for individuals with a documented primary mental health disorder⁷, and
30

31 Whereas, the Michigan House of Representatives formed a bipartisan task force named C.A.R.E.S.
32 (Community, Access, Resources, Education and Safety) to address mental health disparities in the state, and
33 have spoken with mental health experts, held meetings, and went on health facility tours to learn about
34 the existing infrastructure⁸, and
35

36 Whereas, the resulting report outlines ways to improve care for vulnerable populations, including
37 increasing number of psychiatric beds for children, additional support for veterans, and canine advocates
38 for crime victims⁸, and
39

40 Whereas, the report also addresses provider barriers to addressing mental health, such as universal
41 Medicaid credentialing, reducing administrative requirements for community health centers, and student
42 loan repayments for those working in underserved areas⁸, and
43

44 Whereas, other states have developed similar task forces, such as the Minnesota Department of
45 Education and their State Interagency Committee, which has investigated the coordination of services for
46 children with mental health services, resulting in researched recommendations for mental health reform⁹,
47 and
48

49 Whereas, other states have instituted similar reforms, such as the National Mental Illness Alliance in
50 Minnesota, which has implemented educational classes for its citizens including, but not limited to, Mental
51 Health Crisis Planning for Families, Youth Mental Health First Aid, and various suicide prevention classes¹⁰,
52 and
53

54 Whereas, there have been similar movements on a national scale, for example the H.R. 34, the 21st
55 Century Cures Act Title XIV passed by the House calling for the promotion of mental health and safe
56 communities, and H.R. 2646, the Helping Families in Mental Health Crisis Act of 2016 passed by the House

57 calling for needed services for individuals and families through the integration of mental health and
58 healthcare practices^{11,12}, and

59
60 Whereas, MSMS has made supporting mental health reform a top priority, as demonstrated by
61 previous resolutions concerning mental health facilities and management of psychiatric conditions^{13,14,15,16};
62 therefore be it

63
64 RESOLVED: That MSMS support efforts to improve mental health services in Michigan, including
65 the Michigan House of Representatives bipartisan C.A.R.E.S. (Community, Access, Resources, Education and
66 Safety) Task Force’s report on addressing mental health disparities in the state; and be it further

67
68 RESOLVED: That MSMS consider supporting subsequent legislation and governmental programs
69 that may come from the Michigan House of Representatives bipartisan C.A.R.E.S. (Community, Access,
70 Resources, Education and Safety) Task Force report, including increased graduate medical education
71 support for psychiatric resident training in underserved areas, increasing access to wrap-around services,
72 and creation of a mental health resource hotline.

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75 WAYS AND MEANS COMMITTEE FISCAL NOTE: NONE

Relevant MSMS Policy:

Parity for Mental Health

MSMS encourages covering the treatment of mental illness to the same limits applied to the treatment of all other non-psychiatric diagnoses. (Res86-96A)

– Reaffirmed (Res19-02A)

Access to Psychiatrists

MSMS supports requiring qualified health plans to provide access to psychiatrists. (Res92-95A)

¹ National Institute of Mental Health - Mental Illness <https://www.nimh.nih.gov/health/statistics/mental-illness.shtml>

² National Institute of Mental Health - Any Anxiety Disorder <https://www.nimh.nih.gov/health/statistics/any-anxiety-disorder.shtml>

³ Rowan K, McAlpine D, Blewett L. Access and Cost Barriers to Mental Health Care by Insurance Status, 1999 to 2010. *Health affairs (Project Hope)*. 2013;32(10):1723-1730. doi:10.1377/hlthaff.2013.0133.

⁴ National Institute of Mental Health - Major Depression <https://www.nimh.nih.gov/health/statistics/major-depression.shtml>

⁵ “Access to Mental Health Care in Michigan.” Melissa Riba, Marianne Udow-Phillips, Danielle Young, Mary Smiley, Joshua Traylor. Center for Healthcare Research and Transformation. December 2013. <http://www.chrt.org/publication/access-mental-health-care-michigan/>

⁶ U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration. *Mental Health, United States, 2010* (Washington, D.C.: SAMSA, 2012).

⁷ “FY 2017 Mental Health Block Grant Behavioral Health Report”. Michigan Department of Health and Human Services, January 2017. (http://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_4902-314453--,00.html)

⁸ “House C.A.R.E.S. Task Force Report”. Michigan House of Representatives, January 2018. (<https://house.mi.gov/PDFs/HouseCARESTaskForceReport.pdf>)

⁹ Anon, (2018). [online] Available at: <https://www.leg.state.mn.us/docs/2013/other/131209.pdf> [Accessed 1 Mar. 2018].

¹⁰ Namihelps.org. (2018). | NAMI Minnesota. [online] Available at: <http://www.namihelps.org/classes/other-classes.html> [Accessed 1 Mar. 2018].

¹¹ GovTrack.us. (2018). Text of H.R. 34 (114th): 21st Century Cures Act (Passed Congress version) - GovTrack.us. [online] Available at: <https://www.govtrack.us/congress/bills/114/hr34/text> [Accessed 1 Mar. 2018].

¹² Placement of Psychiatric Emergency Patients in Appropriate Mental Health Facilities 67-15. Michigan State Medical Society, 2015.

¹³ A Closer Look At Mental Health Reform Legislation. NAMI: National Alliance on Mental Illness. <https://www.nami.org/Learn-More/Mental-Health-Public-Policy/Mental-Health-Reform/A-Closer-Look-at-Mental-Health-Reform-Legislation>.

¹⁴ Gun Control and Mental Illness 29-13. Michigan State Medical Society, 2013.

¹⁵ Violence and Mental Illness 59-13. Michigan State Medical Society, 2013.

¹⁶ MSMS Legislative Priorities. Jan 17. 2018. <https://www.msms.org/About-MSMS/News/ID/2510>