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Title: Coverage for Dispensing One Time Annual Oral Contraceptive Pills
Introduced by: Andrew Short for the Medical Student Section
Original Author: Mia Bareman, Anne Drolet, Erin Dunneback, Chelsea Meloche, and Lauren Smith
Referred to: Reference Committee B
House Action: **APPROVE**

Whereas, studies show that pharmacy wait times are important to patient satisfaction, and 63 percent of patients cite them as a significant barrier when trying to fill prescriptions, while allowing a one-time dispense of a one-year supply of oral contraceptive pills (OCP) would alleviate this obstacle^{1,2}, and

Whereas, transportation is cited as another significant barrier to pharmacy access, and by dispensing a one-year supply of OCP, patients would be able to reduce the number of trips taken to a pharmacy³, and

Whereas, combined oral contraceptives have a low side effect profile, with overdose both unlikely and non-life threatening^{4,5}, and

Whereas, studies show that women are more compliant to OCP with a one-year supply, and were twice as likely to have a higher rate of continuous use of OCP for 15 months when compared to a three-month supply^{6,7}, and

Whereas, women with a one-year supply of OCP had a decrease in 30 percent of odds in unplanned pregnancy and reduction in 46 percent odds in abortion when compared to women with a one or three-month supply⁸, and

Whereas, the American College of Obstetricians and Gynecologists, American Academy for Family Physicians, World Health Organization, and US Centers of Disease Control and Prevention supports the provision of 13-month supply of oral contraceptives to improve contraceptive continuation^{9,10,11,12}; therefore be it

RESOLVED: That MSMS supports the passage of legislation that would require health insurance policies delivered, issued for delivery, or renewed in Michigan that provide coverage for prescription drugs to include coverage for the dispensing of a 365-day supply of a covered prescription contraceptive at one time.

WAYS AND MEANS COMMITTEE FISCAL NOTE: NONE

Relevant MSMS Policy:

Prescription Drug Coverage for Contraception

MSMS supports requiring all health plans to provide outpatient coverage for prescription contraceptive drugs without a higher co-pay or deductible than for other drugs. (Res29-00A)

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- ² Kripalani, Sunil, Laura E. Henderson, Terry A. Jacobson, and Viola Vaccarino. "Medication Use Among Inner-City Patients After Hospital Discharge: Patient-Reported Barriers and Solutions." *Mayo Clinic Proceedings* 83.5 (2008): 529-35. Web.
- ³ Syed ST, Gerber BS, Sharp LK. Traveling Towards Disease: Transportation Barriers to Health Care Access. *Journal of community health*. 2013;38(5):976-993
- ⁴ "FDA Drug Safety Communication: Safety Review Update on the Possible Increased Risk of Blood Clots with Birth Control Pills Containing Drospirenone." Center for Drug Evaluation and Research. Federal Drug Administration, 26 Sept. 2011. Web.
- ⁵ Heller, Jacob L., MD, MHA, and David Zieve, MD, MHA. "Birth Control Pill Overdose." *MedlinePlus Medical Encyclopedia*. U.S. National Library of Medicine, 11 July 2015. Web.
- ⁶ Potter, Joseph E. et al. "Continuation of Prescribed Compared with Over-the-Counter Oral Contraceptives." *Obstetrics and gynecology* 117.3 (2011): 551-557. PMC. Web. 15 Feb. 2017.
- ⁷ Foster, Diana Greene, Ram Parvataneni, Heike Thiel De Bocanegra, Carrie Lewis, Mary Bradsberry, and Philip Darney. "Number of Oral Contraceptive Pill Packages Dispensed, Method Continuation, and Costs." *Obstetrics & Gynecology* 108.5 (2006): 1107-1114. Web.
- ⁸ Foster, D., D. Hulett, M. Bradsberry, P. Darney, and M. Policar. "Number of Oral Contraceptive Pill Packages Dispensed and Subsequent Unintended Pregnancies." *Contraception* 82.2 (2010): 202. Web.
- ⁹ Committee on Health Care for Underserved Women. "Access to Contraception." *American Congress of Obstetrics and Gynecology*. N.p., n.d. Web.
- ¹⁰ "Over-the-Counter Oral Contraceptives." *AAFP Policies*. American Academy of Family Physicians, n.d. Web.
- ¹¹ World Health Organization. *Selected practice recommendations for contraceptive use*. Second ed. Geneva: World Health Organization; 2004.
- ¹² Curtis, Kathryn M., PhD. "U.S. Selected Practice Recommendations for Contraceptive Use, 2013: Adapted from the World Health Organization Selected Practice Recommendations for Contraceptive Use, 2nd Edition." *Division of Reproductive Health, National Center for Chronic Disease Prevention and Health Promotion*. Center for Disease Control and Prevention, 20 June 2013. Web.