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3 **Title:** Nutrition Literacy and Improving Outcomes  
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5 **Introduced by:** Jay Llaniguez and David Broome for the Medical Student  
6 Section  
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8 **Original Authors:** Jay Llaniguez, David Broome, John Gwizdala, Jenna  
9 Gharzeddine, Arielle Hancu, and Christine Kang  
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11 **Referred to:** Reference Committee on Rules and Order of Business  
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13 **House Action:** Approved  
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15  
16 **Whereas, more than one-third of U.S. adults (35.7%) are obese. The**  
17 **estimated annual medical cost of obesity in the U.S. was \$147 billion in 2008 U.S.**  
18 **dollars; the medical costs for people who are obese were \$1,429 higher than those**  
19 **of normal weight<sup>1</sup>, and**

20  
21 **Whereas, it is known that obesity and the health problems associated with it**  
22 **are inversely related to complete diet including fruits, vegetables, and whole**  
23 **grains<sup>2</sup>, and**

24  
25 **Whereas, it has been shown that there is a correlation between poverty**  
26 **dense areas in America and obesity, “with poverty rates of >35% have obesity rates**  
27 **145% greater than wealthy counties”<sup>3</sup>, and**

28  
29 **Whereas, the Supplemental Nutrition Assistance Program (SNAP), EBT, and**  
30 **WIC programs currently aid more than 45 million Americans, many of its’ patrons**  
31 **still do not obtain the proper variety of calories in their respective diets; consisting**  
32 **of fruits, vegetables and whole grains<sup>4</sup>, and**

33  
34 **Whereas, increasing access to a healthy diet has not displayed a direct**  
35 **relation with attaining said diet; pricing incentives, enhancing nutrition education**  
36 **and improving the SNAP retailer environment can increase fruit and vegetable**  
37 **purchasing<sup>4</sup>, benefitting consumers’ health<sup>5</sup>, and**

38  
39 **Whereas, the Agricultural Act of 2014, recently signed into law on February**  
40 **7, 2014 has created the Food Insecurity Nutrition Incentive Grants (Sec. 4208)**  
41 **providing \$100 million in grants through 2018 for governmental agencies,**  
42 **authorized retailers, non-profits and other entities that seek to increase the**  
43 **purchase of fruits and vegetables by SNAP participants by providing incentives at**  
44 **the point of purchase<sup>6</sup>, and**

45  
46 **Whereas, the 2002 World Health Report and 2003 WHO Fruit and Vegetable**  
47 **Promotion Initiative states low fruit and vegetable consumption is among the top**  
48 **10 risk factors contributing to attributable mortality, specifically 3 million deaths a**  
49 **year from cardiovascular diseases, cancer, and strokes<sup>7, 8</sup>; therefore be it**

50 **RESOLVED: That MSMS support incentives for Supplemental Nutrition**  
51 **Assistance Program (SNAP), Electronic Benefit Transfer (EBT), and Women,**  
52 **Infants, and Children (WIC) program participants to purchase fruits, vegetables and**  
53 **whole grains in Michigan grocery markets; and be it further**  
54

55 **RESOLVED: That the AMA support incentives for Supplemental Nutrition**  
56 **Assistance Program (SNAP), Electronic Benefit Transfer (EBT), and Women,**  
57 **Infants, and Children (WIC) program participants to purchase fruits, vegetables and**  
58 **whole grains in Michigan grocery markets; and be it further**  
59

60 **RESOLVED: That MSMS advocate for the participation of authorized**  
61 **retailers in programs that qualify for grants and other initiatives that aim to**  
62 **increase the purchase of fruits and vegetables by SNAP participants by providing**  
63 **incentives at the point of purchase to promote healthy food choices in their**  
64 **businesses; and be it further**  
65

66 **RESOLVED: That the AMA advocate for the participation of authorized**  
67 **retailers in programs that qualify for grants and other initiatives that aim to**  
68 **increase the purchase of fruits and vegetables by SNAP participants by providing**  
69 **incentives at the point of purchase to promote healthy food choices in their**  
70 **businesses; and be it further**  
71

72 **RESOLVED: That MSMS support the inclusion of literature on nutrition**  
73 **education, healthy affordable recipes, and the knowledge of healthier meal choices**  
74 **targeted to SNAP, EBT, and WIC participants; and be it further**  
75

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77 **education, healthy affordable recipes, and the knowledge of healthier meal choices**  
78 **targeted to SNAP, EBT, and WIC participants.**  
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81 **WAYS AND MEANS COMMITTEE FISCAL NOTE: NONE**  
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