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3 **Title: High School Athletics Physical Examination Requirement**

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5 **Introduced by: Domenic R. Federico, MD, for the Kent County Delegation**

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7 **Original Author: Jayne E. Courts, MD**

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9 **Referred to: Reference Committee D**

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11 **House Action:**

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14 **Whereas, the current guidelines of the Michigan High School Athletic**  
15 **Association (MHSAA) require each high school athlete to have a physical**  
16 **examination performed on or after April 15 each year for the upcoming school**  
17 **year, and**

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19 **Whereas, this guideline places undue pressure on physicians and**  
20 **student athletes to meet this requirement before the start of the fall athletic**  
21 **schedule resulting in full schedules with little room for urgent physician visits,**  
22 **and**

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24 **Whereas, this often requires student athletes to have unnecessary**  
25 **physician visits if they have had a physical examination shortly before the April**  
26 **15 deadline, and**

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28 **Whereas, a change in the requirement to allow a physical examination**  
29 **within the past year before beginning a sport season would be consistent with**  
30 **the current guidelines of the American College of Physicians and the American**  
31 **Academy of Pediatrics; therefore be it**

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33 **RESOLVED: That MSMS work with the Michigan High School Athletic**  
34 **Association to consider changing the current guideline to better meet the needs**  
35 **of the MHSAA, student athletes, and physicians.**

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38 **WAYS AND MEANS COMMITTEE FISCAL NOTE: NONE**