

RESOLUTION 54-10A

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3 **Title: Monitoring and Regulating Self-Help Programs**
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5 **Introduced by: Michael L. Gambel, MD, for the International Medical**
6 **Graduate Section**
7
8 **Original Author: Ponon Dileep Kumar, MD**
9
10 **Referred to: Reference Committee D**
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12 **House Action: Disapproved**
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15 **Whereas, the number of several self-help groups and services are on**
16 **the rise, used by thousands of unsuspecting individuals, and**
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18 **Whereas, several recent cases involving self-help groups resulted in**
19 **injuries and death such as the sweat lodge deaths in Arizona¹ and an**
20 **Australian woman who apparently committed suicide after a self-help course²,**
21 **and**
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23 **Whereas, most of such courses are handled by people with little or no**
24 **mental health training; therefore be it**
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26 **RESOLVED: That the Michigan Delegation to the AMA ask the AMA to**
27 **study the issues involved in regulating, monitoring, and ensuring the safety of**
28 **various self-help programs.**
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30 **WAYS AND MEANS COMMITTEE FISCAL NOTE: NONE**
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¹ Another Person Dies in Arizona. Sweat Lodge Case
<http://cbs2.com/national/arizona.sweat.lodge.2.1255468.html?detectflash=false>

² Self-help Course May Have Led to Her Suicide http://www.msnbc.msn.com/id/33233605/ns/health-mental_health/