

1
2
3 **RESOLUTION 55-09A**
4

5 **Title: Awareness of Free Play Benefits to Children**
6
7 **Introduced by: Michael L. Gambel, MD, for the International Medical**
8 **Graduates Section**
9
10 **Original Author: Rima M. Jibaly, MD**
11
12 **Referred to: Reference Committee D**
13
14 **House Action: Adopted**
15

16
17 **Whereas, children’s free play is fun, and**

18
19 **Whereas, free play is important to the physical, mental, and emotional**
20 **well-being of children, and**

21
22 **Whereas, extracurricular activities are abundant and attractive, these**
23 **activities can also be stressful and overwhelming for both parents and**
24 **children, and**

25
26 **Whereas, the American Academy of Pediatrics supports and**
27 **acknowledges the benefits of free play;¹ therefore be it**

28
29 **RESOLVED: That MSMS support and promote the position of the**
30 **American Academy of Pediatrics regarding the benefits of free play for**
31 **children.**

32
33
34 **WAYS AND MEANS COMMITTEE FISCAL NOTE: NONE**

¹ American Academy of Pediatrics, Pediatrics Volume 119, Number 1, January 2007, The Importance of Play in Promoting Healthy Child Development and Maintaining Strong Parent-Child Bonds