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3 **Title: Requirements for Sports Physical Exams**
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5 **Introduced by: Charles J. Barone, MD, for the Michigan Chapter, American**
6 **Academy of Pediatrics**
7
8 **Original Author: Neal R. Weinberg, MD**
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10 **Referred to: Reference Committee D**
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12 **House Action: Adopted as Amended**
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15 **Whereas, there is no evidence that a physical exam after a certain date**
16 **protects an athlete against medical problems during a future athletic season,**
17 **and**
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19 **Whereas, the American Academy of Pediatrics (AAP) recommends one**
20 **physical exam per year for every adolescent, and**
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22 **Whereas, the NCAA Division One schools require only one complete**
23 **physical exam upon entry of an athlete into their schools within six months of**
24 **participation and then an annual updated history of the student’s medical**
25 **condition to determine if additional examinations are required within six**
26 **months of participation, and**
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28 **Whereas, the existing requirement for an exam after April 15 creates an**
29 **unnecessary financial burden for families, students, physicians, payers, and**
30 **the Michigan Medicaid program and other insurance companies, and**
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32 **Whereas, the time required to do the required annual physicals for the**
33 **cohort of high school athletes usurps valuable appointment times in the**
34 **course of a year at all pediatric and other medical practices and impedes**
35 **improved access to pediatric care for children; therefore be it**
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37 **RESOLVED: That MSMS ask the Michigan High School Athletic**
38 **Association to abandon the requirement that all high school athletes must**
39 **have a physical exam after April 15; and be it further**
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41 **RESOLVED: That MSMS recommend to the Michigan High School**
42 **Athletic Association that it support the American Academy of Pediatrics**
43 **recommendation that adolescents have an annual physical exam (ideally**
44 **within their medical home).**
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47 **WAYS AND MEANS COMMITTEE FISCAL NOTE: NONE**