

RESOLUTION 49-08A

Title: Banning the Use of Trans Fats in Restaurants and Bakeries in the United States

Introduced by: Patrick B. Forrest for the Medical Student Section

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Referred to: Reference Committee D

House Action: Adopted

Whereas, trans fats are one of the most dangerous fats that can be ingested by an individual, and

Whereas, these fats have been proven to raise LDL and triglyceride levels, while lowering HDL levels at the same time,¹ and

Whereas, by negatively affecting cholesterol levels, trans fats increase the chance of developing coronary heart disease,^{2,3} and

Whereas, major cities including Chicago, New York, and others in the United States have placed a ban or are considering placing a ban on the use of trans fats in restaurants and bakeries;^{4,5} therefore be it

RESOLVED: That MSMS establish policy and pursue state legislation that bans the use of trans fats in restaurants and bakeries in Michigan; and be it further

RESOLVED: That the Michigan Delegation to the AMA ask the AMA to establish policy and pursue federal legislation that bans the use of trans fats in restaurants and bakeries in the United States.

WAYS AND MEANS COMMITTEE FISCAL NOTE: NONE

¹ Sundram K, Ismail A, Hayes KC, Jeyamalar R, Pathmanathan R. Trans (elaidic) fatty acids adversely affect the lipoprotein profile relative to specific saturated fatty acids in humans. *J Nutr.* 1997; 127: 514S–520S.

² Sun Q, Ma J, Campos H, Hankinson SE, Manson JE, Stampfer MJ, Rexrode KM, Willett WC, Hu FB. A prospective study of trans fatty acids in erythrocytes and risk of coronary heart disease. *Circulation.* 2007 Apr 10;115(14):1858-65. Epub 2007 Mar 26.

³ Oomen CM, Ocke MC, Feskens EJ, van Erp-Baart MA, Kok FJ, Kromhout D. Association between trans fatty acid intake and 10-year risk of coronary heart disease in the Zutphen Elderly Study: a prospective population-based study. *Lancet.* 2001; 357: 746–751.

⁴ New York City Passes Trans Fat Ban. MSNBC 2006 Dec 6.

⁵ Lucas, Fred. NYC ban on trans fats spreads to states. Stateline.org 2007 Jan 25.