

RESOLUTION 23-08A

Title: Michigan High School Athletic Association and Pre-Participation Medical Exams

Introduced by: Domenic R. Federico, MD, for the Kent County Delegation

Original Author: Susan H. Wakefield, MD

Referred to: Reference Committee D

House Action: Adopted as Amended

Whereas, the Michigan High School Athletic Association requires each athlete to receive a pre-participation medical exam after April 15th of the year prior to the athlete's participation, and

Whereas, there is no standardized time requirements across the United States by the different high school athletic associations, and

Whereas, the American Academy of Pediatrics (AAP) encourages the pre-participation exams to be administered at least six weeks prior to participation so that there will be an adequate amount of time to follow up on any problems that arise during the exam, and

Whereas, the family and personal histories are the most predictive of medical problems that athletes may face and that the physicians who provide the "medical home" will be able to best evaluate these conditions, and

Whereas, the AAP recommends that adolescents have a medical exam yearly and often the pre-participation medical exam is the athlete's only encounter with their physician who can make sure immunization and screening exams are up to date, and

Whereas, most insurance companies will reimburse parents and physicians for only one preventative exam a year, which imposes a financial burden on patients who have their exam before April 15th and is an unnecessary redundancy that has no value added, and

Whereas, most of the athletes request their exams a few days before their participation, especially in July and August, which places an appointment burden on pediatricians and family physicians that we cannot accommodate; therefore be it

RESOLVED: That MSMS contact the Michigan High School Athletic Association and request that it consider allowing high school athletes to participate in sports if they have had a pre-participation medical exam within the previous 12 months.

WAYS AND MEANS COMMITTEE FISCAL NOTE: NONE